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Dear friend

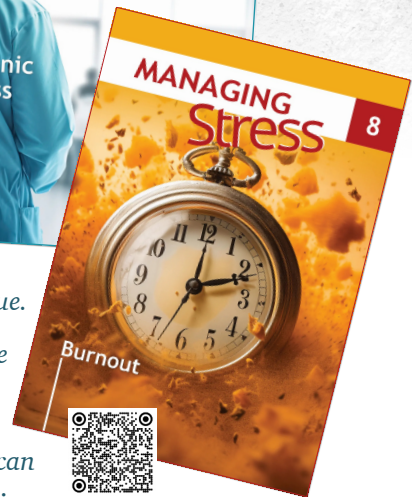
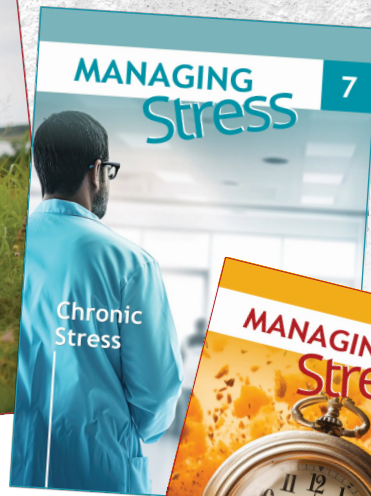
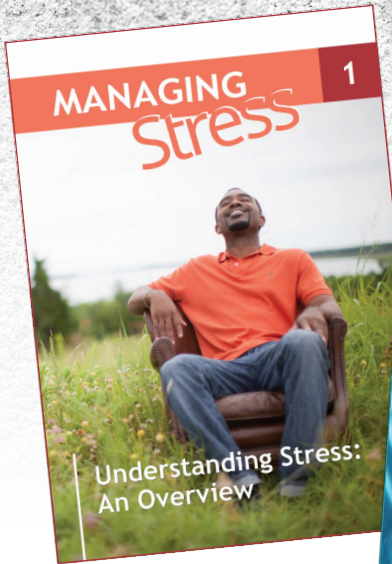
It is a true blessing to share this new catalogue with you, a reflection of the divine work being done through the Adventist Discovery Centre (ADC). Every item you see within these pages, from our study courses and inspiring flyers and booklets to our online platform and FreeBible programme, is more than just a product. It is a tool for discipleship, a key to unlocking deeper truths, and a light to a journey of spiritual discovery.

This catalogue is a testament to our crucial collaboration and partnership with servants of the Lord across the British Isles, from ministers to lay people. It's a reflection of countless individual efforts: a course written by one, a new resource advertised by another, the dedicated work of a small group to distribute materials, and a silent but gracious donation from a saint to fund our ongoing mission.

Your support and engagement are what empower us to expand our outreach, bringing hope to many souls. This catalogue is our way of saying *thank you* for your vital role in this shared mission. We are honoured to walk this path with you, and we pray that these resources will inspire you in your own ministry and witnessing for our Lord Jesus Christ.



Christian Salcianu
ADC Pastor & Director



Stress is a daily reality, and chronic stress is a significant public health issue.

Recognising the importance of effective stress management, we've developed a comprehensive 12-lesson course.

*Available both in print and online, it can help your efforts in **Managing Stress**.*



The Pathfinder Bible Experience is a fantastic team challenge that goes beyond memorisation to foster a genuine connection with the Bible.

For the 2026 contest, our new online ADC course on **Isaiah** will help you create a big picture of the book, covering in 20 lessons its historical setting, main themes, key players, crucial prophecies, Jesus' presence in its pages, and more.



Looking for

LOOK NO

If one of your friends or a church visitor asks you for a Bible, chances are that you'll buy one for them and give it as a gift. Good for you.

But what if you were to try a different approach?

Imagine inviting your friend to visit www.freebible.uk (or freebible.ie). By doing 10 quizzes they can get their own Bible very easily.

How does it work? They choose any 10 out of 28 essential teachings of the Bible. Some do it in a couple of hours; others take more time, at their own pace. No pressure.

Each quiz has 20 questions. And they are not hard! If the user misses one question, she can have another try.

Your friends will . . .

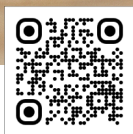
- **engage** in a meaningful way in getting their free Bible (it may be their first ever Bible study);
- **see** for themselves what the Bible really says on different topics, even where instinctively they would answer differently;
- be able to **enrol** to one of our follow-up Bible studies, especially 'The Message of Truth', a course dedicated to new Bible readers.

Should they do all 28 quizzes, they will also receive the free illustrated edition of *Desire of Ages*.



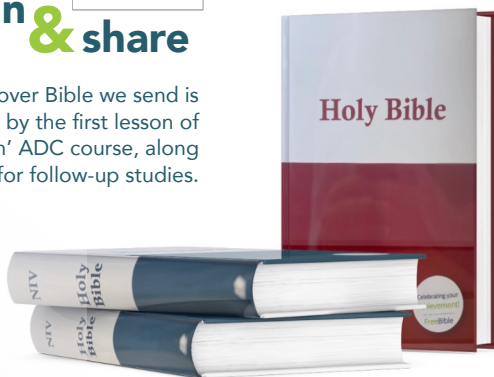
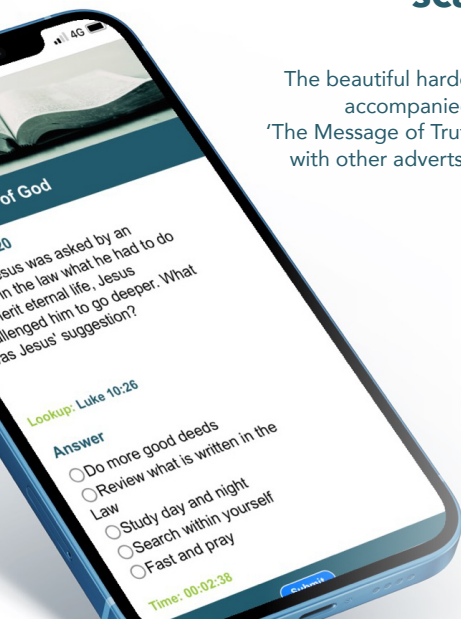
a free Bible?

FURTHER



scan & share

The beautiful hardcover Bible we send is accompanied by the first lesson of 'The Message of Truth' ADC course, along with other adverts for follow-up studies.



2,400

Bibles have been offered by the ADC between 2022 and 2025 through this special project.

‘Sanctify them by the truth;
your word is truth.’

(John 17:17)



PRINT | ONLINE

START INTO LIFE

Start into Life is a foundational course that will help you discover God and find His purpose for your life. If you are setting out on your faith journey, or have some basic questions about life, God, and faith, this is the right course for you.



PRINT | ONLINE

THE MESSAGE OF TRUTH

Reading the Bible may seem to be an overwhelming challenge. Where to start, how to navigate its contents, what do its symbols mean? **The Message of Truth** is our basic course on how to study the Bible. Not a Bible study – instead, *a guide on how to read and study the Bible!*



PRINT | ONLINE



TRY JESUS! (series 1 and series 2)

The life and teachings of Jesus are the foundation of Christianity, the largest of the world's religions. **Try Jesus!** will take you on a journey from Jesus' birth to His resurrection, while the second series explores Jesus' amazing teachings.



ONLINE

TEN QUESTIONS FOR GOD

Imagine a face-to-face chat with God. What questions would you ask Him? Would you ask about pain and suffering in the world, His views on sex and marriage, or how will this world end, if ever? Follow these **10 Questions for God**.

*‘Make disciples of all nations . . .
Teaching them to obey everything
I have commanded you.’*

(Matthew 28:19-20)



PRINT | ONLINE

WE BELIEVE

‘Essentials’ – that’s what we call a series of key subjects that Bible students have discovered over time. Presented in a straightforward manner, these ‘essentials’ outline Scripture’s main themes and summarise what **We Believe**.



PRINT | ONLINE

DISCOVER

This Bible study will help you to **Discover** hope and meaning in these turbulent and seemingly hopeless times. Important topics such as death, prayer, future events, and heaven or hell are presented in the universal context of the great controversy between good and evil.



PRINT | ONLINE

FOCUS ON PROPHECY

The **Focus on Prophecy** course helps you to understand the current *signs* of the times: why Europe can't unite, why pandemics, conflicts, and crises exist. Is the Third World War coming? Will our planet end in a climate *apocalypse*? God's plan is different!



PRINT | ONLINE

THE BIBLE'S TEACHINGS

The **Bible's Teachings** (formerly known as *The Great Teachings and Prophecies of the Bible*) is our most comprehensive guide to the important themes in the Scriptures. As an advanced Bible student you will gain a deeper understanding of key biblical truths and develop a closer relationship with God.

*'I pray that you may enjoy
good health and that all
may go well with you.'*

(3 John, 2)



PRINT | [ONLINE](#)

MANAGING STRESS

Stress is a daily reality, and chronic stress is a significant public health issue, linked to various health problems. Understanding and **Managing Stress** is vital for your health! Join us as we explore stress, burnout, anxiety and panic attacks.



PRINT | [ONLINE](#)

YOUR HEALTH

Your Health is a foundational guide to a holistic and healthy lifestyle. This course is for anyone who wants to discover the principles of a healthy life and make positive life-changing decisions. Topics include 'Smart Eating' and 'Healthy Weight'.



ONLINE

YOUR LIFE

Do you want to discover the secrets of personal development and success through an understanding of how your feelings impact your life and the choices you make? **Taking Charge of Your Life** is the course designed to help do just that – be the one in charge of your own life.



ONLINE

RELATIONSHIPS

We may have thousands of ‘friends’ on social media, but only a few when in need. The **Relationships** course provides practical tips on how to tackle the challenges of modern relationships. It also deals with the issue of parenting styles.

*‘And so was fulfilled what the Lord
had said through the prophet:
“Out of Egypt I called my son.”’*

(Matthew 2:15)

The ancient Middle East is home for countless historical Biblical records. So it is no surprise to find that the spade of the archaeologist has unearthed many artefacts that relate to historical events, people and places mentioned in the Bible.

Our **‘Digging’ Series** is a fascinating archaeological journey and a spiritual guide to see how the past projects the future.

The courses are available both in print (as 33 excellent illustrated booklets) and online (in PDF format).

David Down, the author of this 3-part series, spent the greater part of his adult life involved in Middle Eastern Biblical archaeology.





PRINT | ONLINE



DIGGING SERIES

Course 1 – Digging up the Past

Course 2 – Digging Deeper

Course 3 – Digging up the Future

The purpose of these reading guides is not to explain archaeological methods or techniques, but to review outstanding findings that have been made, especially those that relate to the Biblical record.

Explore ancient civilisations and discover amazing connections with events, characters, and themes of the Bible.

*‘I, when I am lifted up from the earth,
will draw all people to Myself.’*

(John 12:32)



ONLINE

SHEMA!

Shema! is the ADC course talking about God, life, and the Scriptures from a specifically Hebrew perspective. This course is designed for students of a Jewish heritage and for Christians wishing to rediscover their Jewish roots.



PRINT | ONLINE

PROPHETS & BOOKS

Few people imagine there is any bridge between the sacred pages of the world's largest religions. **Prophets and Books** was written for the Muslim student, helping them to see the Bible as valid Scriptures by using the Qur'anic evidence itself.



ONLINE

PATHFINDER BIBLE EXPERIENCE (PBE)

The **PBE** is a fantastic team challenge that dives deep into the Scriptures. More than memorisation, it's about fostering a genuine connection with the Bible. For the 2026 contest we offer a new online 20-lesson course on Isaiah.



PRINT | ONLINE

MY PLACE WITH JESUS

This set of 21 fun and easy lessons, **My Place With Jesus**, aims to assist children (7–12 years) in developing a personal relationship with Jesus through Bible studies, stories, high-quality illustrations, questions and answers, fun puzzles and other engaging activities.



ONLINE

LET'S EXPLORE!

The **Let's Explore!** course helps children (7–12 years) to learn about God and the Bible in a fun and relational way. Older children and teenagers may want to try our introductory courses (see page 6) such as **Start into Life** or **The Message of Truth**.

‘Bible studies like “Discover” and the two other studies I have completed (“The Message of Truth” and “Focus on Prophecy”) are invaluable courses to help you understand and to enhance your spiritual understanding, which brings you closer to God.’

–Colin



‘The Bible you sent me has changed my life. May you keep doing what you’re doing, and God bless you.’

–Zvikomborero

‘I’ve learned a lot through this course.
My eyes have been opened.’

–David

‘I feel I’ve started a long journey towards understanding my faith.’

–Stephen

‘I found this course very enjoyable and spiritual and fulfilling of my needs.’

–Tina-Louise

‘I am learning so much and I feel that my heart is opening up more and more to God and to His word.’

–Olivia

‘Thank you for the courses. They keep me busy and I love learning more about God and the Bible.’

–Billie

‘As an independent woman these studies have become my study guide and partner.’

–Denise

‘These lessons have brought joy, hope and reignited my passion for Christ.’

–Robert

‘The things I thought I knew and understood have been made clearer.’

–Ellen

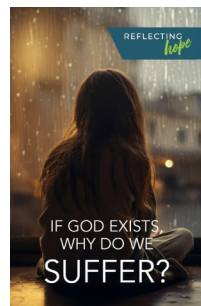
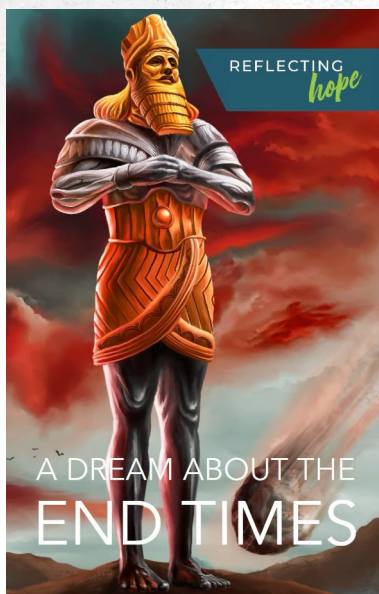
REFLECTING HOPE LEAFLETS

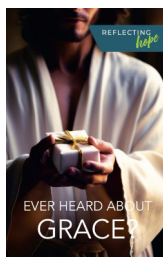
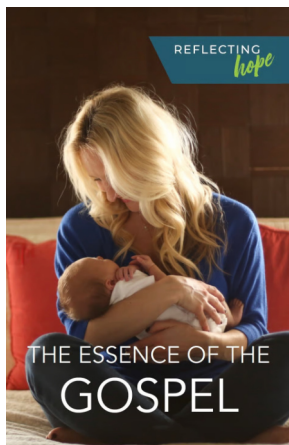
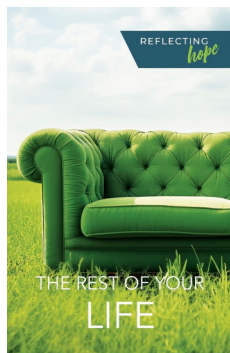
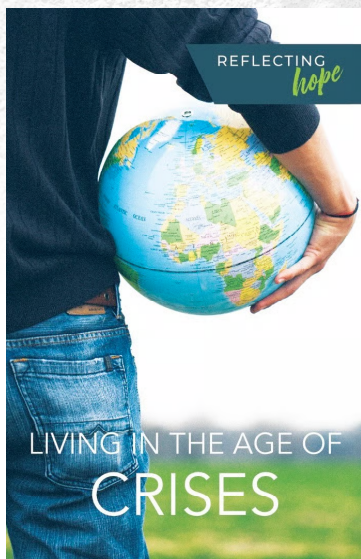
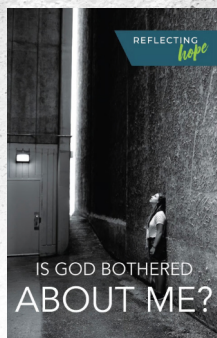
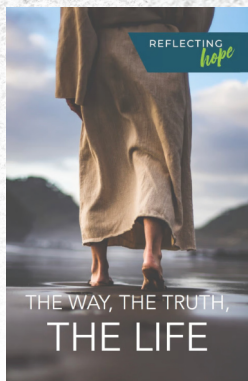
Under the *Reflecting Hope* banner, the Adventist Discovery Centre (ADC), Stanborough Press and Adventist World Radio (AWR) have collaborated to produce 20 contemporary new leaflets for distribution in the United Kingdom and Ireland.



Printed in **one million** copies (stocks very low now), each leaflet is a reason for a new connection, for reflection and for a revived hope.

Read & share online from www.reflectinghope.org or scan the QR code to order while stocks last.





REFLECTING HOPE LEAFLETS

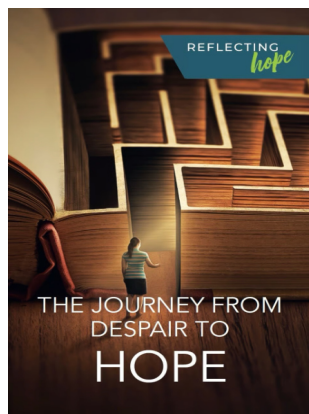
*Of the many leaflets we've published, one has become a bestseller: **The Journey from Despair to Hope**, written by Prof. Duncan Bayliss. It's designed to meet people where they are, speaking directly to a secularised audience. We believe we must first understand the needs of those we are trying to reach. What if you gave it a read?*

Maybe you, too, have a friend like Alan. In his late 60s he discovered that he had a half-sister, Rosemary. She was 70 when she found out. To say they were shocked is an understatement. But they were also delighted. Why? Because somehow, in a very profound way, it matters to us to know where we came from. It seems hardwired into us.

Rosemary needed her birth certificate for some reason, but couldn't find it. When she applied for a copy, she was surprised to see it recorded a different name for her mum as her mother. She told her brother and sister of the mistake, and to her total shock they said it wasn't a mistake at all. Their parents, now passed away, had told them to never tell her that she was adopted.

Imagine living your whole life without any doubt as to your identity, who you are, who your parents are and where you came from, only to find out it wasn't true, and that the story was different all along.

The theory of Evolution, based on random chance, is one of the pillars of



the way most secular or non-religious people understand the world and their place in it. That is what they have been told, and they have accepted it: we are the result of a cosmic accident and that is just how it is. The trouble is, such a view leaves us with no hope and nothing but uncertainty to look forward to. It is so bleak that many people are compelled to say that, somehow, everyone goes to 'a better place' when they die.

If the physical world is all there is, and random, undirected chance is the only reason we are here, then what do we face the struggles of life with? Where are purpose, meaning and hope to be found in the face of such cold, uncaring indifference?

To make things worse, many people have typically decided that 'religious' answers are just wishful thinking to help the weak cope with such uncertainty, and are not worth looking into.

We all live our lives within a story about who we are, where we came from, and where we are going. That much seems universal to all people, everywhere, which is remarkable.

Viktor Frankl in his book, *Man's Search for Meaning*, described the horrors of his time in a concentration camp, watching thousands die in front of his eyes. He noticed that those with no hope and nothing to look forward to were not able to survive. Hope was essential, and it had to be based on something real, not just wishful thinking. Emil Brunner wrote that, as the fate of the human organism is dependent on the supply of oxygen, so the fate of humanity is dependent on its supply of hope.

The secular story of life is a journey of despair that ends in uncertainty. In contrast, it is possible to find real, meaningful hope. How?

If we know that we are made in the image of God, then each one of us is immensely valuable and our whole perspective changes. This truth provided the bedrock for human rights and the value placed on human dignity in the Western world.

Genesis, the biblical ancient book of origins, declares, 'So God created man in his own image, in the image of God he created him; male and female he created them' (Genesis 1:27). Embracing the truth that you are made in the image of God is extremely powerful. There is a lot to discover as you work through its implications.

- It means that we must treat other people as being of equal value to us. They too are made in the image of God, no matter what their background.
- It means that we are aware of the moral dimension of existence.

All choices are not equal. Right and wrong are real.

- It means recognising that listening attentively to the voice of conscience is essential.
- It means that we yearn for more than this life, as Solomon said it: '[God] has put eternity into man's heart' (Ecclesiastes 3:11).

Losing or suppressing the truth that we are made in the image of God has had devastating consequences. The atheist Communist regimes of Eastern Europe, Russia and China appealed to the supposed greater good of making a Communist utopia. Individuals did not matter. 100 million brutal deaths occurred in the twentieth century as a result. The experiment has been tried, and the verdict is in: it turns out that what story your life is lived within *matters immensely*.

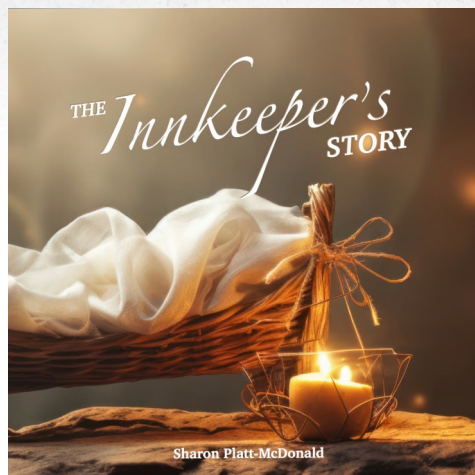
The limited space here doesn't allow us to address all the concerns you might have, such as, Why does God allow pain and suffering? How do you find your true identity? However, you can find meaningful answers to those questions if you are prepared to look and keep asking. Jesus of Nazareth promised, 'Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.' (Matthew 7:7)

Every journey has to start somewhere, and if you start in the right place, you have a much better chance of finding what you are looking for. If you want meaning in your life, then know that you are made in the image of God. Are you willing to take that truth as the first step of a journey away from despair to discover hope? Why not then start with the Bible's first page?

ADC BOOKLETS

Under the *Reflecting Hope* banner, the Adventist Discovery Centre (ADC) produced four booklets for distribution in the United Kingdom and Ireland.

These are in stock. Large quantities (personalised with contact details) can be printed on demand.



Imagine the story of Christmas being told by the innkeeper. Indeed, that anonymous man played an important role during one of the most important dates in the year, when Jesus was born.

You may remember Joseph and Mary having a hard time finding a place to lodge for the night in Bethlehem, 'because there was no room for them in the inn' (Luke 2:7).



Imagine the story of Easter being told by the centurion who led the Roman soldiers. Indeed, that army officer played an important role during one of the most significant events in Jesus' life.

You may remember: Jesus Christ was arrested by the Jewish leaders and brought to the palace of Pilate, the Roman governor. The captain of the guards was there (Luke 23:47) and witnessed for the One.

PROPHECIES OF THE BIBLE **2** DANIEL



Every Bible student loves the prophecy in **Daniel 2**. We present the Bible prophecy and its historical fulfilment in a 12-minutes-read online article and printed booklet.

The King's Dream is about changing times and seasons, removing kings, and setting up kings. It is God's timeline of the world empires until the end of time and the coming of the *final* kingdom!

hope

THE GIFT OF HEAVEN



HOPE – The Gift of Heaven is born out of a sincere desire to share the power and impact of hope. This is a hope that does not come from what we see around us, a world subject to change. Rather, it resides in a God who is constant and trustworthy.

This booklet points to a calibre of hope that is lasting and fulfilling; and one that exceeds this life. It is a gift because it comes wrapped in love.

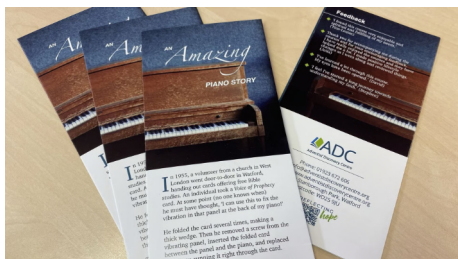
ADC FLYERS & MORE

For all your evangelism needs, we have the perfect quick outreach tools: various flyers on Bible studies and health resources, bookmarks, and cards. Imagine having them personalised with your contact details and other specific details to engage your audience. Equip yourself and start a conversation today. You can change lives!



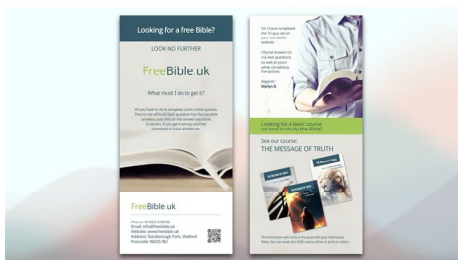
ADC Flyer

A free flyer is the perfect tool for sharing your mission. This resource showcases our 20 updated courses, allowing visitors to enrol by coupon or QR code. You can also add your own contact details to stay in touch with new friends in your community.



The Piano Story Flyer

A flyer for church members, telling the incredible story of a Bible study card that led to a response 25 years later. Please request enough for every member to be inspired to share the ADC flyers and write the next chapter of someone's spiritual journey.



The FreeBible Flyer

The FreeBible flyer advertises the FreeBible programme. This resource is a smart introduction to the Bible, as it not only provides the Word of God for free but also invites new people to Bible study and invites them to enrol in our full ADC courses.



HEALTH Flyer

This flyer is designed for your next community health event. Produced in collaboration with the Health Department, it features a range of health resources and promotes a holistic approach. It's the perfect tool to share health resources and promote your event.



Journey of Discovery Flyer

Our *Journey of Discovery* flyer is the perfect addition to any gift. It features a three-week Bible reading plan on *faith, hope, and love* (1 Corinthians 13). The flyer also provides an opportunity to get a free Bible and invites readers to explore our 20 Bible and health studies.



Bookmarks for books you share

Bookmarks are a perfect way to share your faith. Our bookmarks promote ADC courses and Bible offers. The 'Focus on Prophecy' bookmark invites readers to an engaging Bible study. Simply slip one into a book you share to start a new conversation.



Cards for sharing

Our free business cards are a great way to share your beliefs, promoting our courses and the FreeBible programme, while the 'What Do Adventists Believe?' card introduces people to our faith. Get your cards to quickly help others on their spiritual journey.

ADC ONLINE PLATFORM

At the Adventist Discovery Centre, we believe that everyone deserves the opportunity to explore the Bible and find a deeper purpose. Each one in their own privacy, at their own pace. Our website offers a wide range of free courses and resources, from in-depth Bible studies to health education, created to equip you for a life of service and to help you share God's love with your community.



www.adventistdiscoverycentre.org

FreeBible



Booklets



Leaflets



Books



International



Audio



Video



Hope Channel



Articles



Our online platform is where we train a new generation of believers, making the Adventist Discovery Centre a true hotspot for mission. The numbers speak for themselves (2022-2025):

- **1,200** registered and enrolled students and **7** dedicated volunteer advisors have helped almost **300** graduates complete their courses.
- We are proud of the work being done, with over **4,700** lessons marked as we guide people on their spiritual journey.

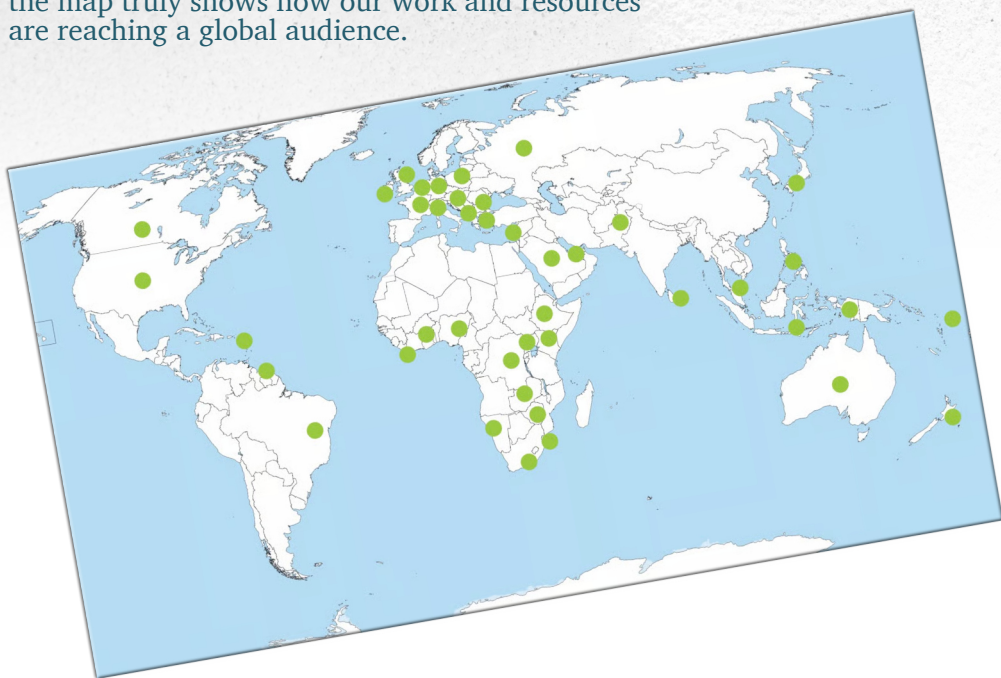


INTERNATIONAL

The ADC welcomes people from all backgrounds, serving students in the UK and Ireland with printed resources and correspondence courses. Our online platform, however, is open to English-speaking students **worldwide**.



With students from more than **40** countries, the map truly shows how our work and resources are reaching a global audience.



Our students come from all walks of life, from a young person in England, doing lessons after midnight, to a highly trained professional in a Muslim country (10/40 Window) flying through our courses; from an office lady wanting to share her faith with her Hindu colleague, to a church member in an urban society, who will present one of our courses to a university small group in Melbourne.

Your generous **donations** help us keep up the good work of the Adventist Discovery Centre. We continue to provide free courses, Bibles and other resources to our students.

*‘You will be enriched in every way
so that you can be generous
on every occasion, and through us
your generosity will result in
thanksgiving to God.’*

(2 Corinthians 9:11)

Account holder: Adventist Discovery Centre
Bank: HSBC UK | Sort code: 40-45-28
Account number: 5139 5181
IBAN: GB56 HBUK 404528 5139 5181

Using Stripe?



PARTNERSHIP

‘Go, stand in the temple and speak to the people all the words of this life.’

(Acts 5:20)

That’s our mission at the ADC. Accordingly, we are ready to **partner** with you at any time. Get in touch with us!

Whether you are an individual member, a small group in a local church, a Sabbath School class, an entire congregation, a district or a mission/conference, you will find a ministry companion in the Adventist Discovery Centre.

We collaborate with all church departments and well-known international partners:





We provide training related to the Adventist Discovery Centre's work. That includes how to offer a Bible study, delivering a sermon and seminar, presenting our resources, becoming an online advisor, and leading a small group.

We can conduct sessions at your local church, during a Sabbath worship, a day of fellowship, a training weekend (like 'Reflecting Hope'), or at other events.

Please get in touch to discuss a tailored training session for your needs or anything related to a partnership with the ADC.

- Christian Salcianu (ADC Pastor & Director)
csalcianu@adventist.uk
- Milena Todorova (ADC Secretary)
adc@adventist.uk

JESUS' PRAYER FOR YOU



© 2025 Adventist Discovery Centre (UK & Ireland)

*'My prayer is not for them alone.
I pray also for those who will believe
in me through their message.'*

(John 17:20)


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